

# Brief Instructions for the Use of Oxydonor

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If an acute disease is to be treated, such as severe cold, severe pain, sprains, croup, etc., apply Oxydonor at once with Vocor between two blocks of ice, or in a large pailful of ice-water until the pain is relieved and the disease is checked, then treat convalescence by nightly application, six to eight hours, at moderate force, until well.

In chronic diseases, apply Oxydonor with moderate force for six or eight hours every night for four to six weeks, then rest a week or ten days, then apply again for one or two weeks, resting for a few nights and so on until health is restored.

Those who are suffering from no particular disease, but need toning up and revitalizing, use Oxydonor every night for two weeks; two or three times out of this period use it in a large pailful of ice-water, then rest from its use a week or two, and then begin again.

While under treatment if you are over stimulated or restless to the extent that you cannot sleep, remove the instrument from the ankle and go to sleep, and do not apply it again until the next night.

For relieving severe Neuralgia or other pain, apply the disk directly over pain and fold several thicknesses of cloth (preferably something like Turkish towelling, that is thick and will stay wet a long time), wet in hot water, place it over the disk, binding disk and cloth close to the skin with a dry towel. The Vocor should be placed between two (2) large blocks of ice, five pounds each, or in a large pailful of ice and water. Such application, however, if over the lungs, bowels or head, must be watched closely and it must be of the very shortest duration, not over half an hour, and it must be removed when it brings relief, or causes the least new disturbance.

The local treatment must not be applied over or near the heart

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Put the Vocor in not less than three (3) gallons of cold water, FIVE gallons will give better results. The water must not be put in a METALLIC VESSEL; but wood, paper, earthen or china will answer.

The STRONGEST FORCE is obtained by placing the Vocor between two (2) large blocks of ice, wrapping the ice in a blanket or in some like material, and at the same time wetting the whole length of the cord.

These are the general instructions to be modified in the judgment of the person under treatment, or by one in charge of the patient.

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|--|---|---|-------|---|
| VERY STRONG FORCE MEANS 30-35 DEGREES FAHRENHEIT |   |   |       |   |
| STRONG   | " | " | 40-45 | " |
| MODERATE   | " | " | 50-60 | " |
| WEAK   | " | " | 60-70 | " |

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# IMPORTANT NOTICE!

## KEEP THE CORD OF OXYDONOR IN GOOD REPAIR AND PERFECTLY CONNECTED AT BOTH ENDS

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We cannot impress too strongly upon the user of Oxydonor the necessity of keeping the cord in good repair. Examine your cord before using it to see whether it is perfectly connected at both vocor and disk ends. If the cord is pulled out, or frayed, or the covering worn off, it must be repaired, or there will be little or no action.

The full length of a new Oxydonor cord is twelve feet. When repairing you can cut off the frayed ends and readjust.

**But take notice that the cord must never be shorter than ten feet.** After you have shortened it so that it is only ten feet long, it is necessary to have a new cord.

You can repair and readjust the cord of your Oxydonor by the following simple directions given below:

When the metal part of the cord breaks, or wears out at its fastening, at either end, it must be repaired and readjusted.

The screw in the Contact Disk is a left-handed screw, and to unscrew, it must be turned to the right, with a screw-driver in its slot inside of the Disk, which is the small end or the point of the screw.

The screw in the Vocor is a right-handed screw, and must be undone by putting leather around its head, and with pliers over the leather, turning it the usual way to unscrew.

Notice the way the cord is placed around the screw and in its slot; then take it out, cut off the broken or worn-out end or ends, binding the covering closely with fine metal wire, and then put it back in the screw the same way as it was at first, and wind it firmly around and in the slot of the screw. Then with the pliers fasten the Vocor screw-tip in tightly enough so it cannot work out. Do not, however, screw the tip in so tightly that it cannot be unscrewed. Never work the screw back and forth or try to force it, as this may wear off the threads of the screw and opening, to the extent that the screw will not hold or stay in place. When this occurs it is very difficult and expensive to repair.

## IMPORTANT

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See that the elastic band attached to the contact-disk is always fresh and firm, with plenty of elasticity, so that the contact disk can be kept in close contact with the skin. The elastic must not work loose when disk is applied.

After the elastic band has lost its elasticity it should be renewed.

Good contact is the only way to obtain good results.